



Creating a **more hygienic workplace** doesn't stop at the washroom

Placing hand sanitiser and signage in offices and common areas is a step in the right direction. But studies show it simply isn't enough to make a real impact. Targeting "hot spots" with hand and surface hygiene, is a key step toward reducing the spread of germs. Objects that are touched by lots of people throughout the day – such as doorknobs, lift buttons and copiers – should be cleaned and disinfected daily in order to help break the chain of germ transmission.

Cleaning



removes germs, dirt, and other impurities from surfaces or objects.

Cleaning works by using soap (or detergent) and water to physically remove germs from surfaces. This process **does not necessarily kill germs**, but by removing them from the surface, it lowers their numbers and the risk of spreading infection.

Disinfecting



kills germs on surfaces or objects. Disinfecting works by using **chemicals to kill germs on surfaces or objects.***

This process does not necessarily clean dirty surfaces or remove germs, but by killing germs on a surface after cleaning, it can further lower the risk of spreading infection.

Make it easy to drive cleaning and hygiene habits!

Step 1:

Clean the surface of commonly touched objects – use detergent or soap and water prior to disinfection.

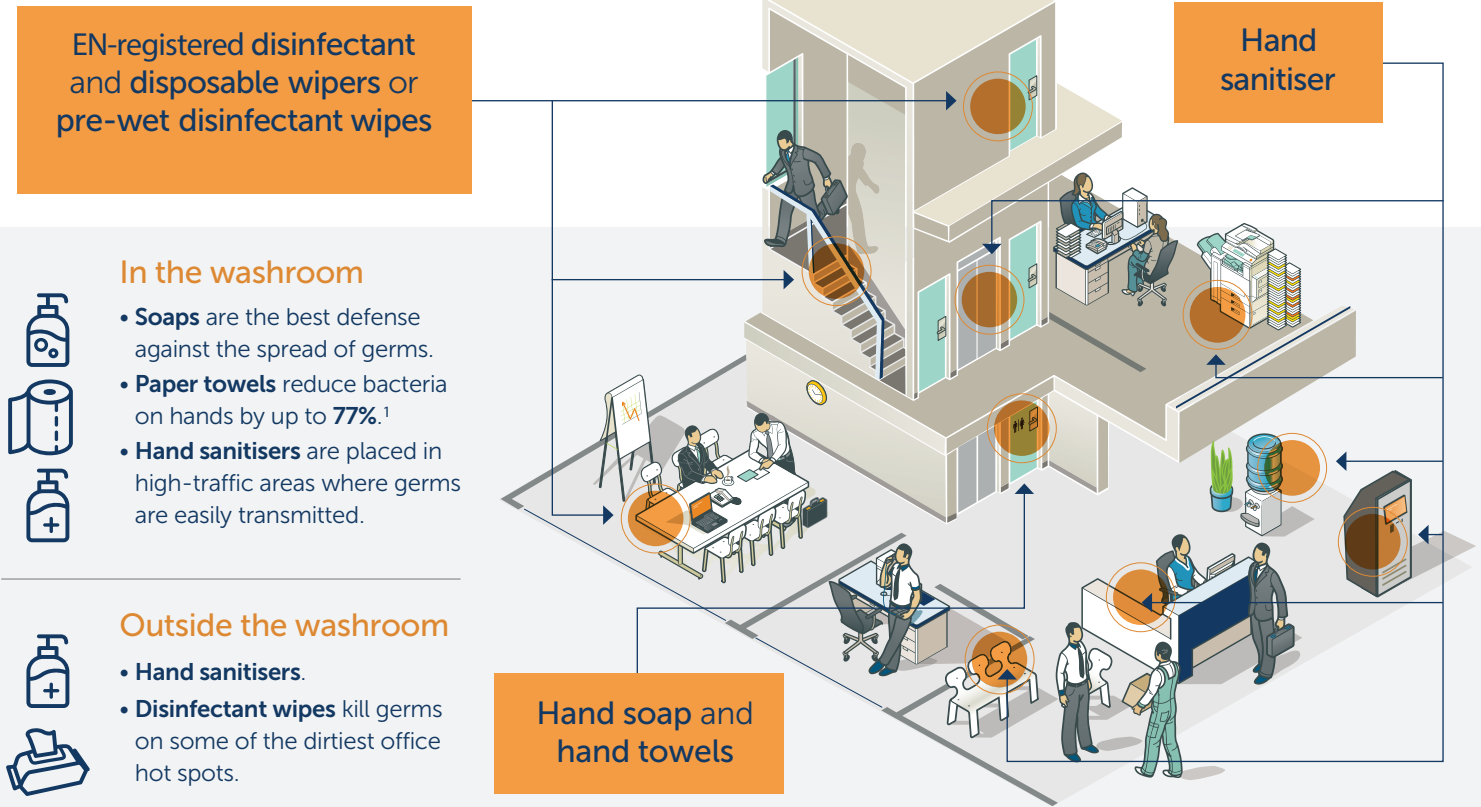
Step 2:

Disinfect the surface – using the appropriate EN-registered disinfectant. Follow manufacturer's instructions for dilution, application and contact time.



Cleaning these hot spot areas helps reduce germs in office buildings.

No matter which surfaces they come in contact with throughout their day, give your employees and visitors greater peace of mind by providing proven cleaning and disinfecting solutions to help break the chain of germ transmission.



EN-registered disinfectant and disposable wipers or pre-wet disinfectant wipes

In the washroom

- **Soaps** are the best defense against the spread of germs.
- **Paper towels** reduce bacteria on hands by up to **77%**.¹
- **Hand sanitisers** are placed in high-traffic areas where germs are easily transmitted.

Outside the washroom

- **Hand sanitisers.**
- **Disinfectant wipes** kill germs on some of the dirtiest office hot spots.

Hand soap and hand towels

Hand sanitiser

In the span of 24 hours, the average **adult touches 7,200 surfaces²** and **touches their face 552 times³.**

Keyboards harboured **8,900 bacteria⁵** per keyboard.
Mobile phones harboured **6,300 bacteria⁶** per phone.

The average desk has **400 times more bacteria⁸** than a toilet seat.

Proper hand drying reduces microbial load on skin by **75%⁴.**

Nearly **95%⁷** of adults do not wash long enough to thoroughly clean the bacteria and germs from their hands.

Did you know there are approximately **10 million⁸ bacteria** living on your desk?

Book a hygiene consultation with an advisor from Kimberly-Clark Professional today
<https://home.kcprofessional.com/uk/workplacehygiene>

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 4. Patrick DR, Findon G, Miller TE. 1997. *Epidemiol Infect.* 119(3):319-25. Huang C, Ma W, Stack S. 2012. *Mayo Clinic Proceedings.* 87(8):791-798.
 5. Pyrek, K.M., 2014. *Cross-Contamination Prevention: Addressing Keyboards as Fomites*
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 7. Borchgrevink, C.P., Cha, J. and Kim, S., 2013. *Hand washing practices in a college town environment. Journal of environmental health*, 75(8), p.18; *Hand Washing Practices in a College Town Environment, Journal of Environmental Health*
 8. Source: <https://www.ehstoday.com/archive/article/21904825/the-dirty-truth-about-your-desk>

